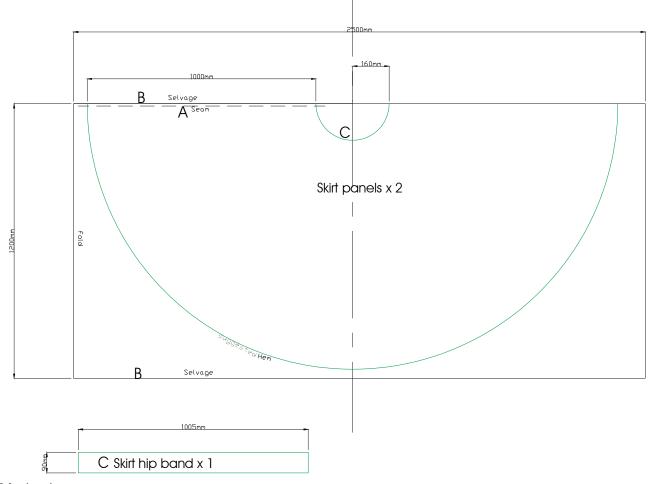
EASY CHEAT CIKCLE SAIKT BY TANAYA

www.tanayabellydance.com 082 56 383 56

Materials for medium hip, average height: N.B. All given dimensions are in millimetres & are size 34" For all other sizes measure around your hips and add a fifth. 100cm + 20cm.

- *+/- 5 metres of soft flowy fabric. Chiffon, silk, light satin. If you are very tall get the 150cm wide fabric.
- *Wide elastic enough for your hip size.
- *Sturdy stitchable skirt hooks.
- *Pattern paper / newspaper
- *pins, sewing machine, scissors, chalk, pencil etc.
- * Measure the pattern as shown below onto your, pattern paper and cut out. If using newspaper you'll have to tape the sheets together to make one large sheet.



Method:

- *Fold fabric in half so selvages are top and bottom. (B)
- *Place and pin your pattern to fabric. Cut out.
- *Sew the seam (A) together. I just overlock it.
- *Pin and sew hip band to the skirt. (C).
- *Hem or overlock the open sides of the skirt right up to and including the hip band.
- *Fold over, pin and sew the hip band closed to create a 'pocket for the elastic to feed through.
- *Using a safety pin pull the elastic through the 'pocket. Fold over about a cm of elastic and stitch in place inside the 'pocket so you can't see it. Try the skirt on for size and pull the elastic until it fits snugly on your hips. Cut off the excess and stitch down.
- *Attach your skirt hook and eye.
- *If you have used chiffon or similar you will have to let the skirt hang to allow the bias to drop.
- *You may need to ask a friend to help. Put your skirt on and trim to the required length. Hem or overlock the hemline. If using an overlocker or rolled hem you can create a pretty 'lettuce leaf' effect by stretching the fabric as you are sewing.